



Gage Elementary School Health Office



Rekarda Devere, MEd, BSN, RN

Email: rdevere@sandi.net

Welcome. I have been a school nurse for over ten years at San Diego Unified School District. My clinical experience includes intensive care of adults and children, nursing management, and faculty at the University of San Diego Hahn School of Nursing and Health Science. It is my pleasure to serve the students, parents, and staff at Gage.

Nurse Office Hours: Tuesday & Thursday 8:30 am-10:30 am

Zoom Link to Nurse Office Hours:

<https://sandiegounified.zoom.us/meeting/97716787472>

Additional Contact Information: rdevere@sandi.net

(619) 510-8854

Your Health Technician is: Loretta Blackhard, SEHT Monday, Wednesday, Friday

This is my sixth year with SDUSD. I worked as a medical assistant in New Mexico for 25 years in a private practice. I love working with kids.

Health Technician Office Hours: 8:30-9:30 am 10:00-11:00 am

Zoom Link to Health Technician Office Hours:

<https://sandiegounified.zoom.us/j/5142108231>

Additional Contact Information: lblackhard@sandi.net

(505) 450-7693



Cluster Coordinator: Rileigh Johnson RN, MSN

Henry/Kearny Nursing Cluster Coordinator

Taft Middle School

9191 Gramercy Dr. B-1

San Diego, CA 92123

C: (619) 946-0348 *texting unavailable email: rjohnson7@sandi.net

Additional Information/Links:

[Authorization for Release of Information \(English\)](#)

[Authorization for Release of Information \(Spanish\)](#)

[Kindergarten Medical Exam Requirement Form \(CHDP – English and Spanish\)](#)

[Oral Health Assessment Form \(KOHA – English and Spanish\)](#)

Medications Information and Forms

Immunization Information:

Immunization Requirements

Immunization Requirements (English)

Immunization Requirements (Spanish)

Immunization Clinic Schedule

Communicable Disease Information:

https://www.sandiegounified.org/departments/nursing_and_wellness_program/communicable_diseases

Insurance Enrollment (Medi-Cal Access):

https://www.sandiegounified.org/departments/nursing_and_wellness_program/insurance_enrollment

Wellness Resources:

San Diego Unified School District Nursing & Wellness Department Resources on the following topics:

- Nutrition
- Physical Activity
- Health Promotion
- Sleep
- Community Resources

https://www.sandiegounified.org/departments/nursing_and_wellness_program/related_resources

District Wellness Policy

<https://sandiegounified.org/cms/one.aspx?portalId=27732478&pageId=28660805>

Meal Pick-Up Sites:

<https://sites.google.com/sandi.net/covid19/resources/food-services>

Clinics and Resources:

Community Clinics:

La Maestra Community Health Centers

<https://www.fhcsd.org/>

<https://sdfamilycare.org/locations/>

https://www.freeclinics.com/cit/ca-san_diego

<https://medschool.ucsd.edu/som/fmph/education/freeclinic/about/Pages/clinic-sites.aspx>

List of low Income Dental Clinics:

Low Income Clinics in San Diego

Community Resources:

Home - 2-1-1 San Diego

San Diego Youth Services - Building futures for 50 years

YMCA Youth and Family Services

San Diego Children's Programs and Services

Wellness challenges: Stay tuned!

Covid-19: District Resources for students/families

NEW STANDARDS TO PROTECT COMMUNITY

The district recently released information regarding the re-opening of schools. Follow this link to learn more about this message from the district: https://dana.sandiegounified.org/news/what_s_new/school_re-opening_update

Need help with technology, meals, setting up a learning environment at home, and more? Follow this link to view a list of parent

resources: https://dana.sandiegounified.org/news/what_s_new/resources_for_parents

Website links up-to-date as of 8/28/2020

Covid 19 Resources

To receive **text messages** from the County of San Diego regarding Covid19 type

To: 468-311 Text: Cosd Covid19

Online resources:

Home - 2-1-1 San Diego

Centers for Disease Control and Prevention (CDC)

World Health Organization: WHO

San Diego County Covid 19 Information

California Dept of Public Health Covid 19

CDC Covid 19 Share the Facts

Rady's Children's Pediatric Advice Line

Dedicated Coronavirus Pediatric Nurse Advice Line – Rady Children's is available to the community to support and answer questions regarding children and coronavirus. The line (858-966-8399) will be open from 8 a.m.-10 p.m., seven days a week.

Rady Children's has a Behavioral Health Urgent Care:

Behavioral Health Urgent Care

San Diego County Behavioral Health

SD County Behavioral Health, Covid 19

Wash Your Hands Videos

https://youtu.be/d914EnpU4Fo	When and How to Wash Your Hands Handwashing
Handwashing.Intro to COVID 19.mp4	Handwashing Video.mov

Elementary School Health Modules

Food and Nutrition

Children & Sleep

Teach Kids about Brushing their Teeth | Colgate®

Wellness Module

Wellness - 50 Ways to Take a Break

Nutrition Label Explanation

Get Up & Go Granola Recipe

Live • Laugh • Love

